



Public Health
Prevent. Promote. Protect.
P C G H D

PREBLE COUNTY GENERAL HEALTH DISTRICT

615 HILLCREST DRIVE
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www.preblecountyhealth.org

Infection Control Recommendations and Facility Closures

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Date: April 30, 2009

Infection Control Recommendations

The Symptoms of swine flu in humans are very similar to the symptoms of seasonal flu:

- Fever of 100° F or greater
- Sore throat
- Cough
- Stuffy nose
- Headache and body ache.
- Fatigue
- Some people with swine flu reported diarrhea and vomiting

School Officials and staff should take the following steps to protect themselves from influenza virus or from spreading the virus.

- Schools/Daycares and parents should carefully monitor students/children for signs or symptoms
- Instruct students/children to wash their hands frequently with soap and water for 15-20 seconds after coughing or sneezing
- Cover your nose and mouth with a tissue when coughing or sneezing. Throw away the tissue in a trash can.
- Carry alcohol-based hand sanitizer and use it each time after handling anyone.
- Avoid touching eyes or mouth after coughing, sneezing, or handling anyone.
- Wear a mask when approaching anyone with flu-like symptoms, then put a mask on the person.
- Request EMS support for assessment if the student/child presents as having severe difficulty breathing.
- Stay home from work if you are sick. Limit contact with others.
- Contact your healthcare provider to determine if an influenza test is needed.

Remember that a person with influenza is considered contagious 1 day before the onset of the symptoms and up to 7 days after the onset of the symptoms or until the person is no longer symptomatic. For more information on swine flu, contact the ODH hotline, 1-866-800-1404.

Additional information is also available at <http://www.preblecouthyhealth.org> and <http://www.cdc.gov/swineflu> or call the ODH public inquiry line at 1-866-800-1404.



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Facility Closures

- Dismissal of students/children should be considered in schools/daycares with a confirmed case - dismissing students could greatly reduce the transmission of influenza
- Consult with the health district to determine the extent of influenza like illness in the community
- If the school/daycare dismisses students/children, they should also cancel all school/childcare related gatherings
- Avoid having parents/students/children congregate outside of the building
- Consult with the health district when deciding to re-open - the time period should be evaluated on an on-going basis
- If no additional confirmed or suspect cases are identified among students/children for a period of 14 days, schools/daycares may consider re-opening
- Schools/daycare facilities in unaffected areas should begin to prepare for the possibility of school/daycare dismissal/closure